

Minimize Work Site Distractions

Distractions on a work site can be incredibly costly, resulting in accidents, inefficiencies, increased downtime and even employee injury.

In fact, distractions are one of the leading causes of accidents and injuries in the workplace. An estimated 90 per cent of construction accidents are caused at least in part by distractions and human error.

Common physical distractions at the work site include mobile devices, clutter, work site equipment, other workers and visitors. Additionally, workers may be too distracted by their own exhaustion, stress, boredom, hunger or illness to operate safely and effectively.

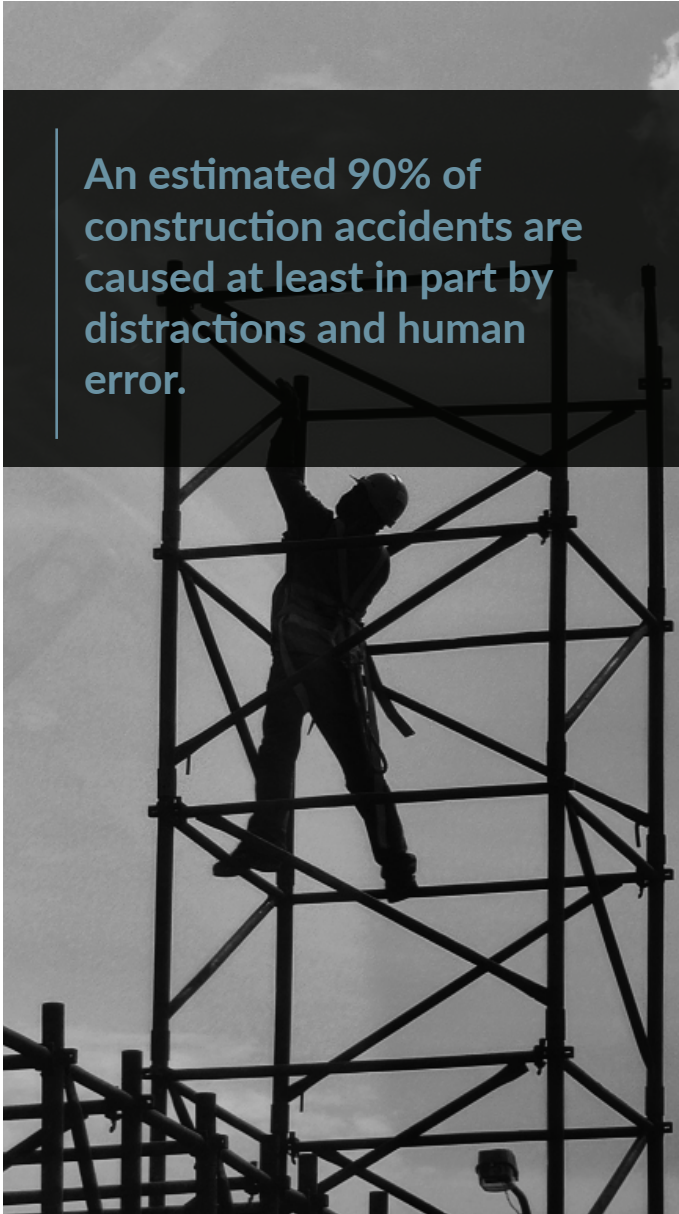
TIPS TO MITIGATE COMMON WORK SITE DISTRACTIONS

Here are a few steps you can take to reduce work site distractions:

- **Perform site inspections**—Regularly inspect your work site to ensure that equipment, workers and the environment are tidy and up to the highest safety standards. Identify potential challenges, and provide advice to your workers on how to avoid them.
- **Increase safety briefings**—Consider holding safety briefings on a weekly basis. Use these briefings to remind workers of the importance of safety procedures and proper machine maintenance. Check that everyone has the proper personal protective equipment (PPE), and reward workers who come fully prepared.
- **Promote wellness**—Take steps to promote physical and mental wellness by providing regular breaks throughout the day, offering wellness programs and promoting a culture of caring.

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If you want to learn more about construction site hazards and how to mitigate them, please reach out to your local Advisor.



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LET US HELP YOU MANAGE YOUR RISK

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